

Delete Cyber Bullying

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My friend Matthew from my school

Cyber bullying is when someone texts mean things on the phone or says mean things on the Internet. Cyber bullies make other people feel bad. Kids who are bullied feel really bad. They might cry a lot or not want to be with their friends. Sometimes some kids feel so bad that they might hurt themselves.

My school, MSA West (that stands for Math, Science and Arts Academy West) has a program called “(delete)”. Our school taught us about not bullying and what to do if another kid starts bullying you. We also bought blue t-shirts to wear on National Stomp Out Bullying Day, October 3, 2011. They showed us a website called Brain PopJr. and we saw an episode about bullying. I learned a lot! I posted something on Facebook after I learned about cyber bullying at my school! I hope it helps you!



Alaina Lakera Walker National American Miss La Princess National Finalist

Stomp out bullying it's not cool to bully delete all bullying on the internet and don't be mean don't hit, push, or say insulting things (DO NOT!!) It's mean and if you go to MSA west you shouldn't be mean and if you do wow your not going to like to be fussed at, you wouldn't like it and just remember M Make smart choices, S Stay safe A Act respectfully and responsibly and W Work hard do not bullying :/

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There are many ways to help you with your bullying problem. You can tell your parents and a teacher. When you don't tell anyone, the bully will keep messing with you, maybe even all day! Don't give your email address or cell phone number to someone unless you really trust them. You shouldn't let everyone be your friend on Facebook because if the bully knows your name, they might look on your Facebook and say mean things to you or lie on you. That happened to a girl at my school. Sometimes a cyber bully might go to your school and they might try to bully you there. You can stay around your friends so that the bully won't bother you. Bullies might not take your things or say mean things if you are around other people.

So now you know all about Cyber bullying and what you can do. Remember to be very brave, try to help others who get bullied, tell someone if you get bullied and never bully anyone!